

# TRADITIONAL PRAYERS

St. Wenceslaus School

## Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

## Our Father

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## Hail Mary

Hail Mary, full of grace!  
The Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## Grace Before Meals

Bless us, O Lord,  
and these thy gifts,  
which we are about to receive  
from thy bounty,  
through Christ, our Lord.  
Amen.

### Guardian Angel

Angel of God, my guardian dear,  
to whom God's love commits me here.  
Ever this day be at my side, to light,  
to guard, to rule and guide.  
Amen.

### Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now and ever shall be,  
world without end.  
Amen.

### Act of Contrition

O my God, I am heartily sorry for having offended Thee.  
I detest all my sins because of Thy just punishments,  
but most of all because they offend Thee, my God,  
who art all good and deserving of all my love.  
I firmly resolve with the help of Thy grace to sin no more  
and to avoid the near occasions of sin.  
Amen.

### Prayer to the Holy Spirit

Come Holy Spirit,  
Fill the hearts of Your faithful, and kindle in them the fire of your love.  
Send forth your Spirit and they shall be created and you shall renew the face of the earth.  
O God, who has instructed the hearts of your faithful by the light of the Holy Spirit,  
grant that by the same Holy Spirit we may have a right judgment in all things  
and evermore rejoice in his consolations.  
Through Christ our Lord, Amen.

### Act of Faith

O my God, I firmly believe that you are one God in Three Divine Persons;  
Father, Son and Holy Spirit.  
I believe that Your Divine Son became man and died for our sins,  
and that He will come to judge the living and the dead.  
I believe these and all the truths, which the Holy Catholic Church teaches,  
because You have revealed them, who can neither deceive nor be deceived.

## Holy Days

Solemnity of Mary, Mother of God: January 1  
We honor Mary, Mother of God.

Ascension: 40<sup>th</sup> day after Easter  
Jesus ascended into heaven.

Assumption: August 15  
Mary was taken into heaven, body and soul.

All Saints Day: November 1  
We honor all saints in heaven .

Immaculate Conception: December 8  
Mary was free from sin from the first moment of her life.

Christmas: December 25  
We celebrate the birth of Jesus.

## Beatitudes

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

Blessed are they who mourn,  
for they will be comforted.

Blessed are the meek,  
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,  
for they shall be satisfied.

Blessed are the merciful,  
for they will be shown mercy.

Blessed are the clean of heart,  
for they shall see God.

Blessed are the peacemakers,  
for they will be called children of God.

Blessed are those who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.

## Ten Commandments

1. I am the Lord, your God. You shall not have other gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

## Apostles Creed

I believe in God, the Father almighty,  
Creator of heaven and earth,

**and** in Jesus Christ, his only Son, our Lord,  
**who** was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended **into hell**;  
on the third day he rose again **from the dead**;  
he ascended into heaven, and is seated at the right hand of **God** the Father **almighty**;  
**from there** he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

## 7 Sacraments

Baptism, Reconciliation, Eucharist, Confirmation, Holy Matrimony, Holy Orders, and  
Anointing of the Sick

## Act of Hope

O my God, trusting in Your promises  
and the infinite merits of Jesus Christ, our Redeemer,  
I hope for the pardon of my sins and the graces I need  
to serve You faithfully on earth and to obtain eternal life in heaven.

Grace After Meals

We thank you, Lord,  
for these gifts,  
which we have received from your bounty,  
through Christ, our Lord. Amen

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness and our hope!  
To thee do we cry, poor banished children of Eve;  
to thee do we send up our sighs, mourning and weeping in this vale of tears.  
Turn, then, most gracious advocate, thine eyes of mercy toward us;  
and after this our exile, show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary!  
Pray for us, O Holy Mother of God,  
that we may be made worthy of the promises of Christ.

Act of Love

O my God, I love You above all things,  
with my whole heart and soul,  
because You are infinitely good and deserving of all my love.  
I love my neighbor as myself for love of You.

Morning Offering

O Jesus, I offer You all I think do and say.  
Bless me and make me like You today.

Confiteor

I confess to almighty God and to you, my brothers and sisters,  
that I have **greatly sinned**  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
**through my fault,**  
**through my fault,**  
**through my most grievous fault;**  
**therefore** I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## Nicene Creed

**I believe** in one God,  
the Father almighty,  
maker of heaven and earth,  
of all **things visible and invisible.**

**I believe** in one Lord Jesus Christ,  
the Only **Begotten** Son of God,  
**born** of the Father **before all ages.**  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
**consubstantial** with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
**and by** the Holy Spirit  
**was incarnate** of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate,  
**he suffered death** and was buried,  
**and rose again on the third day**  
in **accordance with** the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

**I believe** in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
**who** with the Father and the Son  
**is adored** and glorified,  
**who** has spoken through the prophets.

**I believe in** one, holy,  
catholic and apostolic Church.  
**I confess** one baptism  
for the forgiveness of sins  
**and I look forward to** the resurrection of the dead  
and the life of the world to come. Amen.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known,  
that anyone who fled to your protection, implored your help or sought your intercession,  
was left unaided.

Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother.

To you I come; before you I stand, sinful and sorrowful.

O Mother of the Word Incarnate!

Despise not my petitions, but in your mercy hear and answer me.

Amen.

### Prayer to St. Michael

St. Michael, the Archangel, defend us in battle.

Be our safeguard against the wiles and snares of the devil.

May God rebuke him, we humbly pray,

and do thou, O Prince of the Heavenly Host,

cast into Hell, Satan and all the evil spirits who prowl about the world  
seeking the ruin of souls.

Amen.

# Rosary

